

# Peanut Butter Banana Pinwheels

Enjoy this delicious recipe for breakfast or anytime throughout the day as a snack!

**Time to complete:** 10 minutes

**Age Group:** 4yrs+ (parental assistance required)

## Materials and ingredients:

- ¼ cup of creamy peanut butter (or any nut butter or alternative)
- 4 flour tortillas (10 inch)
- 4 large bananas (preferably straight rather than curved)

## Optional ingredients:

- ½ cup of granola
- 2 tsp - honey
- handful of raisins, nuts or other desired toppings

## Instructions:

1. Spread peanut butter evenly on the flour tortillas
2. Lay a banana across each tortilla at the edge closest to you
3. Add optional ingredients on top of peanut butter if desired (i.e. sprinkle granola, drizzle honey)
4. Gently roll the banana and tortilla until all of the tortilla is wrapped around the banana.
5. Trim edges of tortilla that do not contain banana
6. Slice rolls into 1" pieces & enjoy!

